

## Nourishment

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### **Hummus Duo & Vegetables | 14**

black bean hummus | cilantro hummus | seasonal vegetables

### **Chips, Salsa & Guacamole | 14**

local corn tortillas | house made guacamole | fire roasted salsa

### **Fruit Platter | 11**

seasonal melons | berries | mango yogurt dip

### **Chicken Caesar Salad | 17**

romaine | parmesan | crouton | oven roasted tomato | balsamic caesar dressing

### **Cobb Salad | 17**

romaine | grilled chicken | cherry tomato | blue cheese | boiled egg | bacon | ranch

### **Superfood Salad | 16**

quinoa | kale | edamame | blueberries | grapes | pomegranate seeds | dried cherries | sunflower seeds | feta | citrus vinaigrette

### **Grilled Salmon Tabouli | 21**

bulgur wheat | arugula | cucumber | tomato | lemon | parsley

### **Turkey Wrap | 18**

smoked turkey | gouda | mixed greens | tomato | avocado hummus | 7 grain wrap | root vegetable chips

## Signature Cocktails

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### **Pina Colada 16**

vanilla rum, coconut rum, pina colada puree, toasted coconut, dark rum float

### **Frozen Daiquiri 15**

choice of strawberry, peach or mango

### **JW Margarita 21**

don julio anejo tequila, cointreau, lime, agave, gran marnier float

### **Prickly Pear Margarita 15**

dobel maestro tequila, triple sec, fresh lime, agave, prickly pear puree

### **Blueberry Lemonade 13**

western son blueberry vodka, lemonade, blueberries

### **Cactus Mule 14**

vodka, prickly pear, lime, ginger beer

## Wine glass/ bottle

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### **Caposaldo Prosecco 13/48**

### **Taittinger Champagne 17/64**

### **Schramsberg Maribelle Brut Rose 20/76**

### **Sonoma Cutrer Chardonnay 17/64**

### **Kim Crawford Sauvignon Blanc 15/56**

### **Meiomi Pinot Noir 15/56**

### **Justin Cabernet Sauvignon 17/64**

## Beer

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### **16 oz. can, 8 | Bucket of Five, 35**

bud light, budweiser, coors light miller lite, michelob ultra

### **12 oz. can, 8 | Bucket of Five, 35**

corona, dos xx, stella artois, phx beer IPA, mother road "conserve and protect" blonde

### **Whiteclaw, 11 | Bucket of five, 50**

grapefruit or mango

## Low & No Alcohol

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### **Spa Day Spritz 13**

**20% ABV Vodka**

plume & pedal vodka, sparkling water chose from cucumber splash, peach wave or lemon drift

### **Watermelon Basil Mojito 15**

**30% ABV Vodka**

grey goose essences watermelon & basil vodka fresh mint, fresh lime, simple syrup, soda

### **Peach Bellini 16**

**30% ABV Vodka**

grey goose essences peach vodka, caposaldo prosecco, peach puree

### **Yogurt Smoothies 10**

Add whey or hemp protein 4

### **Refresh**

blueberry, raspberry, strawberry

### **Revive**

strawberry, pineapple, banana

### **Pressed Juicery Cold Pressed Juice 12**

### **Greens**

cucumber, celery, spinach, lemon, kale, parsley

### **Orange Tumeric**

orange, apple, aloe vera, turmeric, lemon, black pepper